



Rita Grazina

Date of birth: 16/02/1989 | Nationality: Portuguese | Gender: Female | Email address:

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ABOUT ME

Orthopaedic Surgeon - Hand and wrist surgery

WORK EXPERIENCE

01/09/2021 – CURRENT Penafiel, Portugal

ORTHOPAEDIC SURGEON - HAND AND WRIST SURGERY ULS TÂMEGA E SOUSA

- Hand and wrist surgery
- Trauma surgery

01/09/2023 – CURRENT Alfena, Portugal

ORTHOPAEDIC SURGEON - HAND AND WRIST SURGERY HOSPITAL PRIVADO DE ALFENA

- Hand and wrist surgery

03/2020 – CURRENT Porto, Portugal

ORTHOPAEDIC SURGEON - INSURANCE COMPANY HOSPITAL DE SANTA MARIA

- Hand trauma
- trauma surgery

01/2015 – 08/2021 Vila Nova de Gaia, Portugal

ORTHOPAEDIC AND TRAUMATOLOGY RESIDENT ULS VILA NOVA DE GAIA/ESPINHO

03/2019 – 03/2019 Lyon, France

HAND SURGERY FELLOWSHIP HOSPICES CIVILS DE LYON

10/2019 – 10/2019 Santander, Spain

HAND SURGERY FELLOWSHIP DR PIÑAL Y ASOCIADOS

09/2018 – 09/2018 Santiago de Compostela, Spain

HAND SURGERY FELLOWSHIP COMPLEJO HOSPITALARIO UNIVERSITARIO SANTIAGO DE COMPOSTELA

LANGUAGE SKILLS

Mother tongue(s): **PORTUGUESE**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C2	C2	C2	C2	C2
SPANISH	C2	C2	C2	C2	C2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● EDUCATION AND TRAINING

10/2007 – 07/2013 Porto, Portugal

MASTER DEGREE IN MEDICINE Faculdade de Medicina da Universidade do Porto

10/2015 – 07/2016 Porto, Portugal

POST GRADUATION IN SPORTS MEDICINE Faculdade de Medicina da Universidade do Porto

● PUBLICATIONS

2019

Dupuytren's disease: where do we stand?

EFORT Open Reviews

2018

Classification of pediatric supracondylar fractures: comparison between Gartland and Lagrange & Rigault classification

Revista Iberoamericana de Cirugia de la Mano

2021

Olecranon fractures - review of treatment and complications

DOI: 10.23937/2469-5777/1510091

2020

Deep flexor tendon entrapment in a diaphyseal fracture of the proximal phalanx - a case report

Journal of Orthopaedic Case reports

2024

Localized Volkmann Contracture: the role of tendon lengthening for early treatment

AS Orthopaedics Journal

● DIGITAL SKILLS

MS Office (Word, Excel-VBA, Power Point) | Google Drive | Team-work oriented | Organizational and planning skills | INTERNET AND SOCIAL MEDIA | Social Media including Facebook, WhatsApp and Twitter | Microsoft Word | Microsoft Powerpoint | Microsoft Office