

## Ms. Anuhya Vusirikala, MBChB, MPharm (Hons), FRCS (Tr&Orth)

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<b>Date of Birth</b>	8 <sup>th</sup> October 1986	<b>Nationality</b>	Irish
<b>GMC number</b>	7419715	<b>NTN number</b>	LDN/024/7419715/C
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### Education & Qualifications

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2023	<b>Fellowship of Royal College of Surgeons (Trauma &amp; Orthopaedics)</b> Royal College of Surgeons, Edinburgh, Scotland	<b>FRCS</b>
2017- 2018	<b>Postgraduate Certificate, Medical Education</b> University of Dundee, Scotland	<b>PG Cert</b>
2016	<b>Membership of the Royal College of Surgeons</b> Royal College of Surgeons, Edinburgh, Scotland	<b>MRCS</b>
2009- 2013	<b>Bachelor of Medicine and Bachelor of Surgery, Graduate entry</b> Leicester Medical School, University of Leicester, England	<b>MBChB</b>
2003- 2008	<b>Master of Pharmacy <i>First class Honours</i></b> De Montfort University, Leicester, England	<b>MPharm</b>

### Employment

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#### Trauma and Orthopaedic Surgery Residency Training, London, United Kingdom

2018- present North Central and East London, Royal National Orthopaedic Hospital Rotation

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2017- 2018 **Clinical and Educational Fellow Trauma & Orthopaedics**  
University College London Hospitals NHS Foundation Trust

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2015- 2017 **Core Surgical Training, Oxford Deanery (2 year training programme), UK**

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2013- 2015 **Foundation training, Oxford Deanery (2 year training programme), UK**

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2008- 2009 **Maidstone & Tunbridge Wells NHS Trust, Kent**  
Pre- Registration Pharmacist

### Prizes & Awards

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2023	<b>Top three nominee for Silver Suture Award</b> Association of Surgeons in Training (ASiT)
2022	<b>Marcela Uribe Zamudio International Award</b> 42 <sup>ND</sup> SICOT Orthopaedic World Congress, Kuala Lumpur, Malaysia
2022	<b>Best Poster Presentation, The British Indian Medical Association Conference</b>
2017	<b>Best Oral Presentation, Reading Pathological Society Trainee Meeting</b> Royal Berkshire Hospital

2015	<b>Oxford University Hospitals Educational Development Fund Grant</b> Providing full tuition fees for Postgraduate Certificate in Medical Education
2015	<b>First Prize Basic Plastering Techniques for Orthopaedic Surgeons</b> British Orthopaedic Association
2014	<b>First Prize Poster Presentation, London's 8<sup>th</sup> Surgical Symposium</b> Imperial College London National Conference
2014	<b>First Prize Oral Presentation, Foundation Year 1 Audit Competition</b> Heatherwood & Wexham Park Hospitals NHS Trust
2008	<b>First Class Honours, Master of Pharmacy,</b> De Montfort University, Leicester

## Publications

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1. Tandon D, Curlewis K, **Vusirikala A**, Subramanian P, Patel A  
The Impact of electronic pathways and digital systems on neck of femur fracture outcomes globally: a systematic review  
**The Annals of The Royal College of Surgeons of England, March 2023**, PMID: awaited
2. Collaborative author: **Vusirikala A**  
Development and Evaluation of Virtual Teaching of Surgical Skills: A feasibility study  
**Journal on Surgery, December 2022**
3. Vignaraja V, Creese J, Phillips S, **Vusirikala A**  
Virtual Hospital Induction for Medical Students: A Novel Approach  
**Cureus, August 2022. PMID: PMC9490104**
4. **Vusirikala A**, Williams D, Koo H, Godwin J, Costalago L, Davy A  
A comparison of hand function in Colles and scaphoid casts using a modified Jebsen Hand Function Test  
**Journal of Hand Surgery (European Volume), July 2021. PMID: 34278812**
5. **Vusirikala A**, Saleh M, Laurent E, Del Castillo T, Kuzhupilly R, Fahmy A, Tsekas D  
Restarting Elective Orthopaedic Surgery During the COVID-19 Pandemic: Lessons Learned  
**Cureus, July 2021. PMID 34395125**
6. **Vusirikala A**, Ensor D, Asokan AK, Lee AJX, Ray R, Tsekas D, Edwin J  
Hello, Can You Hear Me? Orthopaedic Clinic Telephone Consultations in the COVID-19 Era- a Patient and Clinician Perspective  
**World Journal of Orthopaedics, January 2021, 12(1): 24-34. PMID: 33520679**
7. Collaborative author: **Vusirikala A** GlobalSurg Collaborative  
Timing of surgery following SARS- CoV-2 infection: an international prospective cohort study  
**Anaesthesia, 2021. PMID 33690889**
8. Collaborative author: **Vusirikala A** GlobalSurg Collaborative  
SARS- CoV-2 vaccination modelling for safe surgery to save lives: data from an international prospective cohort study  
**British Journal of Surgery, 2021, 1-8. PMID 33761533**
9. **Vusirikala A**, Ayub A, Sriranganathan R, Vemulapalli K.  
Entrapment of Flexor Hallucis Longus Tendon: A rare complication of Calcaneal Fractures- A Case Report. **International Journal of Orthopaedics, 2020, 3(1): 27-33.**
10. Chaudhury S, Hazlerigg A, **Vusirikala A**, Nguyen J, Matthews S.  
Lower Limb Intracast Pressures Generated by Different Types of Immobilisation Casts.

**World Journal of Orthopaedics, 2017, 8(2): 170-177 PMID: 28251068**

11. Collaborative author: **Vusirikala A** Member of the ASiT/BOTA Lost Tribe Study Group  
Early years postgraduate surgical training programmes in the UK are failing to meet national quality standards: An analysis from the ASiT/BOTA Lost Tribe prospective cohort study of 2,569 surgical trainees.

**International Journal of Surgery, 2017 PMID: 29037970**

12. Davies N, **Vusirikala A**

**Book chapters:** Trauma and Orthopaedics in *Clinical Specialities (Oxford Assess and Progress)*, 3<sup>rd</sup> edition, **Oxford University Press, 2018**

## International Presentations

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- Nov 2023      **43<sup>rd</sup> SICOT Orthopaedic World Congress, Egypt**  
Poster presentation- A prospective study comparing manual manipulation with finger trap manipulation for acute distal radius fractures in an outpatient clinical setting
- Sept 2022      **42<sup>nd</sup> SICOT Orthopaedic World Congress, Kuala Lumpur, Malaysia**  
Oral presentation- Expediting MRI scanning in suspected cauda equina syndrome
- Sept 2022      **42<sup>nd</sup> SICOT Orthopaedic World Congress, Kuala Lumpur, Malaysia**  
Oral presentation- Virtual Hospital Induction for medical students: a novel approach
- March 2021      **Association of Surgeons in Training (ASiT) International Surgical Conference, Aberdeen**  
Oral presentation- The impact of electronic pathways and digital systems on the neck of femur fracture outcomes globally: a systematic review
- Sept 2021      **41<sup>st</sup> SICOT Orthopaedic World Congress, Virtual**  
Oral presentation- Implant failure with the Use of Long Gamma Nails for Proximal Femoral fractures
- Sept 2021      **41<sup>st</sup> SICOT Orthopaedic World Congress, Virtual**  
Poster presentation- Delayed Vascular Injury with closed femoral fractures
- July 2021      **European Federation of National Associations of Orthopaedics and Traumatology (EFORT) International Conference, Virtual**  
Poster presentation- Restarting elective Orthopaedic surgery during the COVID-19 Pandemic: Experiences and Patient outcomes
- May 2021      **Association of Surgeons of Great Britain & Ireland Congress, Virtual**  
Oral presentation by colleague- Restarting elective Orthopaedic surgery during the COVID-19 Pandemic: Experiences and Patient outcomes
- March 2021      **Association of Surgeons in Training (ASiT) International Surgical Conference, Virtual**  
Poster presentation- Restarting elective Orthopaedic surgery during the COVID-19 Pandemic: Experiences and Patient outcomes
- Jan 2021      **3<sup>rd</sup> International Electronic Conference on Environmental Research and Public Health —Public Health Issues in the Context of the COVID-19 Pandemic, Virtual**  
Poster presentation- Hello, Can You Hear Me? Orthopaedic Clinic Telephone Consultations in the COVID-19 Era- a Patient and Clinician Perspective

- Oct 2020 **European Federation of National Associations of Orthopaedics and Traumatology (EFORT) International Conference, Virtual**  
Poster presentation- Entrapment of the Flexor Hallucis Longus Tendon: A rare complication of calcaneal fractures
- Oct 2020 **European Federation of National Associations of Orthopaedics and Traumatology (EFORT) International Conference, Virtual**  
Poster presentation- Evaluating doctors' awareness of healthcare costs
- June 2019 **14<sup>th</sup> IFSSH & 11<sup>th</sup> IFSHT Triennial Congress with combined FESSH Congress, Berlin**  
Oral presentation- A comparison of hand function in Colles and Scaphoid casts using a technologically updated Jebsen Hand Function test
- June 2019 **European Federation of National Associations of Orthopaedics and Traumatology (EFORT) International Conference, Lisbon**  
Oral presentation by colleague- Clavicle Hook Plate Fixation for Acromioclavicular Joint Disruption with Associated Coracoid Base Fractures

## Teaching Experience

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### Organiser and lead for Teaching programmes/ courses

- 2023-present **Lead organiser for weekly Virtual FRCS viva programme**  
Organised weekly FRCS viva sessions for FRCS candidates nationally, with 40-50 attendees each week
- 2021- 2022 **Organising committee for the Fundamentals of Orthopaedics Virtual ST3 Trauma and Orthopaedic Interview series**  
National course, 10 x weekly sessions with 120-130 attendees each week  
Created the viva scenarios for portfolio, clinical and prioritisation stations  
Recruited consultants and registrars nationally as part of faculty
- 2019-2020 **Lead Organiser for weekly Virtual Critical Conditions teaching programme**  
Basildon University Hospital  
Organised consultant lead case based discussions  
Provided registrars with opportunities for completion of case based discussions for critical conditions that are part of the T&O curriculum.
- 2016- 2017 **Course Lead & Organiser for the Mock OSCE event for University of Southampton final year medical students**  
Wexham Park Hospital  
Set up an organisation committee  
Designed 19 station OSCE event based on final year curriculum  
Recruited examiners
- 2015- 2016 **Course Lead & Organiser of the "Fundamental Skills in Laparoscopic Surgery" course** Wexham Park Hospital  
Designed and led a 6 week course for foundation year doctors, core surgical and obstetrics and gynaecology trainees  
Recruited senior general surgeons to teach on the course  
Designed handouts for each session

### Faculty member

- 2023-present **FRCS viva teaching, Basildon Hospital national FRCS viva series**
- 2020-present **Associate Lecturer, Anglia Ruskin University Medical School**

- Weekly timetabled teaching for Year 2 medical students on the musculoskeletal module
- Mar 2022 **Undergraduate teaching, British Indian Surgical Association**  
National Suturing workshop for undergraduate medical students
- Jan 2022 **Faculty for The Fundamentals of Orthopaedics Virtual ST3 Trauma and Orthopaedic Interview series**
- Nov 2021 **Faculty for MSc Trauma and Orthopaedics, University College London University**  
Delivered a lecture on Orthopaedic Oncology
- Sept 2021 **International lecture on Orthopaedic Oncology, Fundamentals of Orthopaedics**
- Feb 2021 **Undergraduate teaching, Basildon University Hospital**  
Suturing workshop for final year UCL medical students
- 2019-2021 **Postgraduate teaching, Basildon University Hospital**  
Delivered regular teaching to orthopaedic junior doctors
- Sept 2019 **Faculty for Orthopaedic Essentials for Primary Care, Queens Hospital**
- June 2019 **Faculty for Orthopaedic and Trauma course for emergency medicine, Queens Hospital**
- 2016- 2017 **Lead Anatomy Demonstrator for Orthopaedic Surgery, University of Oxford**  
Taught first and third year medical students using cadavers and plastic models  
Ensured all support demonstrators were well equipped with appropriate material and knowledge  
Designed and provided handouts for support demonstrators
- 2017- 2018 **Module Tutor for 4<sup>th</sup> year undergraduate medical students, University College London**  
Point of contact for 12 week surgical placement  
Reviewed participation in module activity and logbook completion  
Provided feedback on verbal and written clerking
- 2017- 2018 **Faculty for Procedural Skills Training Day, University College Hospital**  
Delivered teaching on knee aspiration, suturing and knot tying to Foundation Year Doctors and Core Medical Trainees.
- 2015- 2017 **Case of the Month Tutor, University College London**  
Marked cases and provided feedback to students for each Case of the Month (online, interactive programme for clinical students)
- 2015- 2016 **Support Anatomy Demonstrator for Orthopaedic Surgery, University of Oxford**  
Taught first and third year medical students using cadavers and plastic models

## Management & Leadership Experience

- 2023- present **President – The Royal National Orthopaedic Hospital, Stanmore Orthopaedic Rotation Trainees Association**
- 2022- present **Young European Hand Surgeons Committee Secretary**  
Coordinates all delegates across Europe
- 2020-2021 **BOTA Trainee Regional representative, Stanmore Orthopaedic Rotation**  
Improving training at a national level

- 2019-2020 **Committee Secretary- The Royal National Orthopaedic Hospital, Stanmore Orthopaedic Rotation Trainees Association**  
Quarterly meetings to discuss trainee issues and improve trainee experience
- 2015- 2016 **Trainee Representative for Core Surgical Trainees in General Surgery & Urology**  
Wexham Park Hospital  
Responsible for attending local faculty group and local educational board meetings to discuss training issues and improve trainee experience.
- 2015- 2016 **Rota Manager for Foundation Doctors and Core Surgical Trainees**  
Wexham Park Hospital  
Ensured all trainees were provided with appropriate opportunity to develop their clinical skills and meet their curriculum requirements.
- 2013-2014 **Lead for development of local guideline on reversal of warfarin therapy in hip fracture patients**  
Wexham Park Hospital  
Lead a group of multidisciplinary healthcare professionals to develop a guideline on reversal of warfarin therapy prior to hip fracture surgery
- 2013- 2014 **Lead organiser of mentoring scheme for Foundation Year 1 Doctors,** Wexham Park Hospital, Slough  
Organised and implemented a mentoring scheme for Foundation Year 1 Doctors  
Matched foundation doctors with core/specialty trainees to allow them to obtain support and advice.